

MENTAL DISABILITIES BOARD OF VISITORS ANNUAL INSPECTION OF THE MONTANA DEVELOPMENTAL CENTER

June 17, 2013

The annual inspection of the Montana Developmental center was completed in June 2013 and included an inspection of all living areas, recreation areas, habilitation/treatment areas and classrooms, the kitchen, dining and sanitary areas (in living units), vocational areas and the medical clinic building as required under 53-20-104(4).

Living Units 1-6:

The campus has 6 living units on campus that range in capacity of 6-12 beds licensed to serve 56 individuals who have intellectual disabilities. At the time of the inspection fewer than 40 men and women were living in these units on campus and one of the units was not being used. This year construction projects to update and upgrade the six units created staff offices and areas dedicated for family visits. The units were clean and generally well kept. Although some excessive wear was noted in the kitchens at each of the 5 units inspected, the kitchen areas were clean and free of clutter. The environment in each of the units was calm, interactions between individuals served and members of the direct care staff appeared to be respectful and therapeutic. Individuals served are supported by staff to actively follow treatment goals to achieve independence. Each individual served has an ultimate goal to return to community-based services.

Assessment and Stabilization Unit (ASU) – Living Units and Treatment:

The ASU is a program designed to serve 12 individuals in a secure setting in three 4-bed units. Individual and group treatment is provided to individuals inside locked areas. Treatment and support to implement individual treatment plan goals are provided on the Unit by staff from all treatment areas: communication, recreation, special education, and Occupational Therapy/Physical Therapy (OT/PT). Each of the units inspected appeared to be maintained in a safe, clean and attractive condition. The furniture in the units is clean, current and in good condition. The outdoor area is fairly large with a grassy area and a basketball court. ASU has a treatment room where individuals may work on computers, crafts or play games. This is a secure area and individuals are supervised when they are in the room. This past year construction projects to update and upgrade each of the units has been undertaken. Kitchens in each of the units have been removed and staff offices reconfigured to create more secure spaces for nurse stations/staff offices.

ASU provides assessment and stabilization services to individuals using the three units to step from higher structure more secure services to less structured treatment and more individual independence. Unit A provides the first and most the most secure level of services when an individual is admitted to MDC. All services, meals, and treatments are brought into the Unit. Individuals in Unit B have more freedoms than individuals in Unit A. Unit B allows individuals to do things such as participate in vocational programs, receive Occupational and Recreational activities, and attend classes as a group. Unit C offers the most freedoms on ASU. Individuals who are successful on Unit C can transfer to one of the other units (1-6) on campus or back into the community.

Recreation Areas:

An inspection and tour of the Recreation Department found the area to be clean, well-maintained and in good repair. The gymnasium is used more regularly during winter months for basketball and bicycle riding; exercise rooms are used for OT/PT and regularly scheduled exercise activities; craft rooms appeared to be well supplied. Recreation activities are scheduled throughout each day to meet therapeutic goals established in individual treatment plans. An indoor heated pool is used for aquatic therapy. The pool is accessible and activities are well monitored to assure safety and comfort of the individuals served. During summer months the municipal pool is used by individuals served at MDC for off campus activities. The outdoor recreation areas are used for baseball, soccer, basketball and other sports. These areas are well-maintained by staff. Several individuals served were observed playing soccer and riding bicycles on the campus. Individuals riding bicycles were wearing helmets and those using both outdoor and indoor recreation areas were accompanied by staff. During treatment planning

meetings, individuals served report good participation with the recreation programs offered and express satisfaction with the variety of activities available to achieve treatment goals.

Medical Care:

Renovations to the medical building were completed early this year. A medical clinic is open and available to all individuals served at MDC. A primary care physician provides medical treatment during regularly scheduled clinic hours. Dental appointments are available and individuals served receive regularly scheduled dental assessments and care. A staff psychiatrist is on campus each week and keeps regular clinic hours. Individuals served receive consistent prompt medical treatment. Medications are evaluated and reviewed regularly to assess the effectiveness of prescribed medications, to adjust prescriptions and to address an individual's questions and concerns. Medication changes are documented in an individual's clinical/medical charts and treatment plans are updated at regularly scheduled team meetings. Nursing staff on the units are informed about medication changes/health concerns so they can monitor individuals for allergies, side effects adverse reactions to medications. Concerns about medications/adverse reactions are reported immediately and addressed promptly. The psychiatrist is on-call for emergency needs.

Treatment/Habilitation Plans:

The Advocacy Specialist for the Board of Visitors attends Individual Treatment Plan team meetings, reviews treatment plans, clinical charts/records and visits frequently with individuals served and MDC staff. A Treatment Advisory Committee (TAC) addresses client treatment issues and treatment plans are reviewed for compliance with statute, administrative rule and federal requirements. The TAC committee also reviews MDC policies and procedures to ensure that the legal, human, and civil rights of all individuals served are protected. The Advocacy Specialist is a member of the TAC and an active participant in the meetings.

Classrooms, Habilitation/Treatment and Vocational Areas:

Classrooms and Habilitation/Treatment Areas are located in the Treatment Services Building. Classes, groups and other activities are scheduled daily and include: living and socialization skills training, communications group, reactive therapy group, special education classes, nutrition and cooking skills training, money and financial management training, and medications management.

The Vocational Department is located in two buildings, the Vocational Building (Building #9) and the West end of Building 104 (the old Hospital building). Individuals served at MDC participate in Vocational work opportunities as identified and described in each individual's treatment plan. This year work opportunities included: preparing bedding plants for transplanting into the garden, establishing a garden with a goal to harvest the crops planted, cardboard and aluminum recycling for the local community, paper shredding and recycling, laundry and housekeeping duties, lawn maintenance, and clerical duties. Individuals who work receive pay for the hours worked and individual treatment plans include financial literacy goals to further help individuals prepare to live more independently.

Kitchen/Nutrition:

The kitchen at MDC appeared clean, organized, well maintained and efficient. Food is prepared based on the nutritional needs of the individuals served. Nutritional needs are established by a dietician working in concert with the physician and psychiatrist. Meals are geared to diet needs identified in an individual's treatment plan, prepared by the cooks in the kitchen for each individual and delivered to the units on campus. Snack foods are healthy and available in the units based on the dietary/nutritional needs of the individuals served.

Campus:

During 2013 a fence was constructed on the perimeter of the campus and a walking path was created along the fence. The walking path is used frequently by individuals served for: completing recreational goal activities; as a therapeutic support during therapy sessions; and, by family members and individuals served during family visits. The fence gate is open weekdays during business hours and closed on the weekends. During the hours the gate is closed a phone box is used by visitors to request entry to the campus.

***MDC Site Review:** A facility-wide site review was completed in November 2012.